Y3/4  Most children will be able: to understand the nutrition food pyramid and how the digestive system works, including the job of each organ within the system.  Some children who have not made much progress will be able: to talk confidently about how nutrients and oxygen are what a healthy diet looks like.  Some children will have developed  Y5/6  Most children will be able: to describe the function of the heart, blood vessels and blood  Some children who have not made much progress will be able: to talk confidently about how nutrients and oxygen are transported in the body; and name the main parts of the circulatory system.  Some children will have developed  Y5/6  Curriculum References:  Animals including humans, need the right types and amoun nutrition, and that they cannot make their own food; they get nutrition for what they eat ldentify that humans and some other animals have skeletons and muscle for support, protection and movement Describe the simple functions of the basic parts of the digestive system in humans  Identify the different types of teeth in humans and their simple functions Construct and interpret a variety of food chains, identifying producers, predators and prey.  Y5/6
understand the nutrition food pyramid and how the digestive system works, including the job of each organ within the system.  Some children who have not made much progress will be able: to talk confidently about how nutrients and oxygen are what a healthy diet looks like.  Some children who have not made much progress will be able: to talk confidently about how nutrients and oxygen are transported in the body; and name the main parts of the circulatory system.  Y3/4  Identify that animals, including humans, need the right types and amoun nutrition, and that they cannot make their own food; they get nutrition for what they eat Identify that humans and some other animals have skeletons and muscle for support, protection and movement Describe the simple functions of the basic parts of the digestive system in humans  Identify the different types of teeth in humans and their simple functions Construct and interpret a variety of food chains, identifying producers, predators and prey.
further and will be able: to talk confidently about how nutrients are transported in the body.  Some children will have developed further and will be able: to explain how an unhealthy lifestyle can affect the circulatory system  Describe the changes as humans develop to old age Identify and name the main parts of the human circulatory system, and describe the functions of the heart, blood vessels and blood Recognise the impact of diet, exercise, drugs and lifestyle on the way the bodies function  Describe the changes as humans develop to old age Identify and name the main parts of the human circulatory system, and describe the impact of diet, exercise, drugs and lifestyle on the way the bodies function  Describe the changes as humans develop to old age Identify and name the main parts of the human circulatory system, and describe the functions of the heart, blood vessels and blood  Recognise the impact of diet, exercise, drugs and lifestyle on the way the bodies function  Describe the changes as humans develop to old age  Identify and name the main parts of the human circulatory system, and describe the functions of the heart, blood vessels and blood  Recognise the impact of diet, exercise, drugs and lifestyle on the way the bodies function  Describe the changes as humans develop to old age  Identify and name the main parts of the human circulatory system, and describe the functions of the heart, blood vessels and blood  Recognise the impact of diet, exercise, drugs and lifestyle on the way the bodies function

Learning Progression Objectives: of skills:	Planned Learning Experiences:	Assessment Opportunities and Learning Outcomes:	Resources:	Cross- Curricular Links:
Progression in skill across the Working Scientifically Strand Y3/4 I know how to ask relevant scientific	Working scientifically will feed through the science topics.	Children will:  Prepare a healthy meal  Produce their own healthy food pyramid  Show their understanding of the organs within the digestive and	Food pyramid templates Vegetable soup recipe and ingredients Creative materials used to make the different systems Timers	P.E PSHE and Citizenship English Maths

		Т			1
qu	uestions.			circulatory system,	
				and their job by	
1 k	know how to			producing a 3D model	
us	se			with labelled	
ok	bservations			explanations.	
ar	nd knowledge		•	Talk about and	
to	o answer			observe the effects of	
sc	cientific			exercise during and	
qu	uestions.			after P.E lessons	
			•	Take part in role play	
l k	know how to			– where children are	
us	se diagrams,			trying to encourage	
	eys, bar			their friends to eat	
ch	harts and			sugary sweets	
ta	ables; using		•	Write a short	
	cientific			explanation on how	
	inguage.			nutrients and oxygen	
	3 3			are transported	
Y5	5/6			around the body	
	read, spell		•	Produce diagrams of	
	nd pronounce			the muscular and	
	cientific			skeletal system and	
	ocabulary			talk about what	
	ccurately.			happens to these as	
	,			we age	
Pr	rogression in			age	
	kill across the				
	opic area				
	3/4				
	know about	Session 1 – nutritious diet.			
	ne importance	What nutrients do we need to			
		function properly? What is the			
		food pyramid? (morning			
my own to		sessions – AM to take small			
show the		groups out to make healthy			
importance of		soup (children will have a vote			

a balanced		beforehand).		
diet.	Y5/6	Impact of exercise will be		
uiet.	I know the	covered in P.E lessons.		
	impact of diet,	covered in F.L lessons.		
I can write		Session 2 – Y3/4 write		
	exercise, drugs	I		
instructions on	and lifestyle on	instructions on how to make		
how to make	health.	soup.		
simple		Y5/6 – drugs and lifestyle		
vegetable		session		
soup.				
., ,				
I know how				
alcohol and				
smoking can				
impact on				
someone's				
health.				
I can name the	Y3/4	Session 3-8		
organs in the	Identify and	Make a junk model version of		
digestive	name the parts	the human digestive system.		
system and	of the human	Use playdough/clay to make a		
describe their	digestive	model of the circulatory system		
functions.	system.	(Y5/6) Have texts/books/ipads		
janetions.	•I know the	on the tables for children to		
	functions of	read about these body systems.		
	the organs in	Use what they have found out		
I can create a	the human	to label these.		
3D digestive	digestive	to later these.		
system,	system.			

		ing Community Finnary School	
putting the	•I identify and		
organs in the	know the		
correct	different types		
position.	of teeth in		
	humans.		
	•I know the		
I can name the	functions of		
different types	different		
of teeth and	human teeth.		
describe their			
function.			
I can name the	Y5/6		
organs of the	Identify and		
cardiovascular	name the main		
system and	parts of the		
explain their	human		
functions.	circulatory		
	system.		
I can create a	•I know the		
3D	function of the		
cardiovascular	heart, blood		
system,	vessels and		
putting the	blood.		
organs in the			
correct			
position.			

I can explain	Y3/4	Session 9&10 – how nutrients,		
how nutrients,	I know how	water and oxygen are		
water and	nutrients,	transported round the body.		
oxygen are	water and			
transported	oxygen are			
around the	transported			
body.	within animals			
	and humans.			
	Y5/6			
	I know the			
	ways in which			
	nutrients and			
	water are			
	transported in			
	animals,			
	including			
	humans.			
I can describe	Y3/4			
the skeletal	I know about			
and muscular	the skeletal			
system and	system of a			
explain its	human.			
purpose.	•I know about			
	the muscular			
	system of a			
	human.			
	•I know about	Session 11&12		
	the purpose of	Skeletal and muscular system		
	the skeleton in	and what happens to these as		
	humans and	we age.		
	animals.			

Key questions						