

# Conker's Homework for 'Blood, Bottoms and Burps!' Autumn 1 2021

It would be wonderful if you could read some books linked to our topic 'Blood, Bottoms and Burps!' Is there an animal that you would like to discover more about? What types of things should humans do to keep healthy? Can you find out what the different parts of the human body do? Below, are some suggestions of books that you might like to share at home:



### Keep a food diary

You could write a record of what you've eaten for each meal and snack over the course of a few days/a week. Remember to log drinks too. Can you try a new food or drink that you have never tasted before? What do you like or dislike about its taste and texture? Notice what happens as certain foods (like beetroot, sweetcorn, asparagus or blueberries) pass through your body! Which types of foods do you eat the most of? Which do you eat least? Can you think of ways to make your diet more balanced?

### Carry out a survey

Some people sneeze because they are allergic to certain substances such as pollen or house dust mites. Survey your friends and family and find out if anyone you know has an allergy. How will you record the information?

### Research a profession

What qualifications and training do you need to become a dentist? You could quiz your dentist at your next check up! Ask before you are in the middle of a scale and polish! You might like to choose a different profession to research such as a Vet or a Doctor.

### Create a poster

Can you make a poster containing some fun facts and pictures about the amazingness of the human body! Use non-fiction books and/or computer research to help you to fact find this information.

### Make a table

Find out which foods contain the most sugar by studying different food/drink packaging and labels. Make a table to record your findings. Which is the healthiest food you investigated and why?

### Get Creative

Make a 2D or 3D digestive system, which highlights the key organs used to process our food. Alternatively, you might like to Create a 3D model of a human mouth, including the different types of teeth.

It would be fabulous if you complete at least one activity and bring it into school on Monday 18<sup>th</sup> October, so that we can enjoy sharing these in class throughout the week. Any questions please do not hesitate to ask. Your continued support is greatly appreciated.

Many Thanks, Mrs Bedford and Mrs Bennett



