

NEWSLETTER

Friday 11th February 2022

SPRING 1 TERM

We have had a successful half term with a busy calendar ahead of us! Please take a note of our upcoming diary dates and reminders below. Thanks for your ongoing support.

Valentines Disco

We are very excited to announce that FoLS will be holding a Valentines Disco on **Monday 14th February 5pm-6.30pm**

We are suggesting a donation of £3 per child which will include a drink and crisps. This will be payable on ParentPay from next week. **All children/classes are welcome.** Please can we ask for any parent helpers to contact Mrs Kemp in the office.

If we do not get sufficient offers of parent volunteers then such events won't be able to go ahead. Thank you for your support.



Parent craft morning (in preparation for the Spring Fair afternoon)
Fri 25th March



Join us for a coffee morning first at 9am-9.30am
then craft making from 9.30am-11.30am



FOLs are hosting a **Spring Fair on Friday 25th March from 3.15pm until 4.30pm** in the school hall.

For this event, children in each class (including nursery) will make some quality crafts that will be sold at the fair. Children will also be organising games that can be played (how many sweets in the jar? Guess the weight of the cake etc etc).

Traditionally we have invited parents in to join us in making the crafts for a nice morning activity and we would like to re-introduce this on the morning of the Fair from 9.30am until 11.30am in each class.

If you would like to attend the craft morning-

please 'sign up' by emailing Mrs Kemp so we are aware of numbers.

Additionally, **if you would like a stall at the Spring Fair (£10 each)**, please email Mrs Kemp.

Thanks for your ongoing support!

Reminder from Conkers Class Teachers

Please can your ensure your child's reading book is returned to school **each Friday.**

Ideally - please can they keep it in their book bag throughout the week.
Many thanks for your support.



DIARY DATES

FEBRUARY

Mon 14th Feb

Valentines Disco (in aid of FOLS)
Please ensure donations are made via ParentPay ASAP. £3/child.

Weds 16th Feb

Whole school History trip to York-
Please ensure payment is made via ParentPay ASAP. Thanks.

Mon 21st-Fri 25th Feb

February half term break

Mon 28th Feb

First day of term

MARCH

Tues 1st Mar

National offer day for secondary school applications

Thurs 3rd Mar

World Book Day

Fri 4th Mar

Well-being coffee morning for parents

Weds 16th Mar

Football Tournament - 1pm
(KS2 Oak Trees: Norton College)

Fri 18th Mar

Non Uniform Day (in aid of FOLS)
Please bring in cake donations & tombola donations for Spring Fair.

Fri 25th Mar

3.15pm-4.30pm

Spring Fair

Thurs 31st Mar

Whole School Trip to Yorkshire Wildlife Park. Details to follow...

APRIL

Mon 4th & Weds 6th

Parent/Teacher Consultations

Please email Mrs Kemp ASAP to book your appointment/s

Thurs 7th Apr

FoLS Movie Afternoon £3/child
Details to follow...

Fri 8th Apr

Last day of term & Non uniform day
Donations via ParentPay please

Mon 11th -Fri 22nd Apr

Easter half term break

Mon 25th Apr

Training day

Tues 26th Apr

First day of Summer 1 term

Parent/Teacher Consultations

Monday 4th & Wednesday 6th April

If you have not already done so, please email the admin address to book your appointment/s.

Dog and After School/Sports Club Consultations

Thank you for all the responses we have received so far with regards to Mrs Mitchell's email to gauge thoughts on a school dog and sports clubs for after school.

If you have not already done so, please email school your feedback on these matters.

Your input is much appreciated.

Thank you.



Hello from the Governors

Each month we will introduce you to one of our members of the governing body here at Leavening and also use this opportunity to inform you of some of the work in which they do. This week we are delighted to hear from Elaine Phillips. Elaine was appointed as a Governor in June 2021.



"This is my second term as a Co-opted Governor at Leavening, and I've been impressed with the friendly school environment and the commitment and enthusiasm of teaching staff to help each child develop and learn.

I'm used to working in schools and am currently Development Director at Bootham School where I work closely with alumni and parents to foster community and participation in school life. I am also a Chartered Accountant and have a particular focus as Governor on school finance.

I am looking forward to coming into school after the half term holiday to share my love of reading with the children. I have vivid memories of books that I loved when I was at primary school and I can't wait to share some of them with the KS2 class and read from one of my favourite books – A Bear Called Paddington – with the EYFS/KS1 class.

It's not long now until the half term break and I hope everyone has an enjoyable holiday.

With best wishes " -Elaine

WORLD
**BOOK
DAY**
4 MARCH 2021

Leavening School are throwing a World Book Day party!



To celebrate World Book Day on Thursday 3rd March, we are raising money to support the recognised charity BookAid.

To find out about the meaningful work this charity does to promote a love for reading across the nation, please click this link <https://bookaid.org/>

For a £1 donation, we are inviting all pupils to come dressed as a favourite book character.

To donate, please click on this link <https://bookaid.org/donate/>

In the afternoon we will be dancing to some music. Check out MC Grammar's brilliant World Book Day song <https://www.youtube.com/watch?v=ZpTkjssrL4k>

We will be listening to and reading lots of stories, doing drama and enjoying a few refreshments.

Book Swap

We will also hold a book swap in the afternoon so please can each child bring 1 or 2 unwanted and much loved and read books in that they are happy to swap for new books and we will make sure each child comes home with a new book.

So all you need to do is...

1. Donate via the link <https://bookaid.org/donate/>
2. Dress up as a character from a book
3. Bring in an old book or two to swap
4. Bring in a party treat to share with your classmates

Thrive 365

Dragonfly: Impact Education



Did you know?

Children's Mental Health Week this week has focused on the theme of 'Growing Together'. This is important because sometimes, in a system where we are always striving to do better and achieve more, we can forget to look back and appreciate how far we've come!

Thinking about our progress can build our sense of self-efficacy (our belief in our own capacity to do hard things!). Many studies have linked high levels of self-efficacy with positive mental wellbeing. However, more recent research suggests that there are five clusters of self-efficacy and it is emotional self-efficacy that is the key variable [1].

[1] Andretta, J.R & McKay, M. T (2020) accessed at: <https://doi.org/10.1016/j.chilyouth.2020.105374>

1 Write a letter

Encourage children to think about their emotional growth by asking them to remember a situation when they began by feeling anxious or self-conscious and now feel more comfortable, for example when they started at the school, or started in a new class, or on a new sports team.

Next, they can write a letter to their past self explaining how they overcame or managed the difficult feelings at the start and how those feelings have changed over time. For example, maybe they used to have a knot in their stomach and had to take deep breaths, or be very brave to walk in. They can then reassure their past self that they can do hard things and it gets easier!

2 Set a challenge

Learning something new or creative can help to build resilience. Encourage pupils to set themselves a challenge to find one thing they are interested in and learn something new related to it.

For example, if a pupil is passionate about gaming, they might want to look at creating something on Adobe Premier Rush; if they are interested in films, they might want to learn about how special effects are created or download an app to make their own short animations.

Encourage them to set a time limit and then help them to reflect on what was hard about the learning, if/when they felt like giving up and what they did to help them keep going.

3 Make a playlist

Sometimes, we need a prompt to remind us what we are capable of, and music can be a great mood changer.

Ask pupils to make playlists for different scenarios [2] - they can use songs or music that remind them of times they've believed in themselves or been successful. They might make one playlist for doing homework, another for helping them to feel energised and motivated in the morning, and another to help them relax or get to sleep.

They might also choose to create a playlist for someone else - a close friend or family member.

[2] <https://www.thechildrenstrust.org.uk/brain-injury-information/latest/childrens-mental-health-week-2022>

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