

## A word from the Headteacher

The children have thoroughly enjoyed the science days this week, as part of National Science Week. From standing on eggs in assembly...to designing rockets to launch into space, it's been full of enquiry, practical learning, and enjoyment. Thanks to Mrs Price for organising it.

This week is also "Big Legal Week" and in Personal Education (life skills) the children have been learning all about the law, why the law is important, who the law affects and who makes the laws. We have also been proposing our own laws. All our learning within the Personal, Social, Health and citizenship education enables our pupils to learn key important life skills and knowledge. We are very proud of our curriculum in this respect.

Finally, I wanted to celebrate the developments in our school playground over the last few weeks, with a particular acknowledgement and thank you to Mrs Raines and Miss Cook. The reading shed is being refurbished into a comfortable and useable space for children to relax. Thank you to Ashley Cookes in Malton for donating AstroTurf to help this. The planters are also looking great with the first blooms of spring flowers showing. Also the large natural play equipment that the children are using has been arranged by Mrs Raines with generous donations from MKM Malton, Travis Perkins and RV Rodgers. The children's playtimes are productive and enjoyable.

Lovely to see so many families at the BINGO event last night too. Special thanks to Alix for her bingo calling.

Have a lovely weekend  
My best wishes

*Sian Mitchell*

## Reminder of our exciting Easter Events at school:

**Tuesday 28th March from 3.15-5pm £4/child : Easter Movie afternoon.**

Price includes a drink and popcorn/snacks. Movie choices will be:

**Over the moon or Peter Rabbit 2 (both certificate U)**

Please email the school office to let us know which film your child would like to watch.

Payment via ParentPay please.

**Thursday 30th March: Non-Uniform day** in exchange for prizes for the tombola please (held at the Spring Concert)

**Friday 31st March- Easter Day. Please join us for a fun morning!**

Easter egg design competition. £1 entry. Payment via ParentPay. Prizes to be won!

There will be three class categories for Acorns, Conkers and Oak Trees.

**9am-9.30am**- Easter café with tombola **9.30-10.15am**- Spring Concert

**10.30-11am**- Egg rolling/Playtime (parents to join) **11am-12pm**- Easter Crafts in class-

**Please let the office know if you would like to sign up to join your child in their classroom for the Easter Crafts session.**

**We look forward to you joining us at as many of these events as you can support.**

## School Attendance

**Last week our school attendance was 92.1%**

This is *below* the primary national average attendance of 93.4%

Attendance **this week** so far: **96.1%**

Attendance **this term** so far: **93.1%**

## DIARY DATES

### MARCH

**Friday 17th**

French Breakfast Café

**Comic Relief- wear red/home clothes**

<https://donation.comicrelief.com>

**Tuesday 21st 3.20pm**

E-Safety Parent Session held by police.  
Childcare provided. Please let us know if you are able to attend.

**Wednesday 22nd**

KS2 Roman Workshop Day-new date

Payment via ParentPay please

Football tournament (Yrs 1&2)

**Friday 24th**

Fire safety day

**Tuesday 28th**

Easter movie afternoon 3.15-5pm  
£4/child inc drink, popcorn/snacks.

**Thursday 30th**

Non-uniform day in exchange for tombola prizes for the tombola to be held at the Spring Concert.  
Pop up library at school 1pm

**Friday 31st**

**Easter Day**

Parents/carers are invited to join us for a fun morning!

9am-9.30am- Easter café with tombola

9.30-10.15am- Spring Concert

10.30-11am- Egg rolling/Playtime (parents to join)

11am-12pm- Easter Crafts in class-  
Last day of term

### APRIL

**Monday 17th**

Staff training day

**Tuesday 18th**

Start of term



# Together We Can

We have recently updated our school values posters with photos to celebrate our current curriculum, staffing and children- we hope you like them. These are displayed all around school to remind our pupils of our 4 key values that underpin our core purpose of 'Together We Can'.



## 1. LOOK AND LEARN BEYOND THE CLASSROOM



## 2. HAVE HIGH ASPIRATIONS AND FULFIL OUR POTENTIAL



## 3. CARE, SHARE AND BELONG



## 4. LEAD, TEACH AND LEARN WITH PASSION





## Recent highlights from across school

Oak Trees children participated in a Basketball Tournament at Malton Sports Centre. They were placed a very respectable 5th out of 9 schools which is a fantastic achievement for our small school!

Well done to everyone involved!



Conkers have been very busy looking at the features of instructions this week. They also used actions to orally retell the steps of each instruction to the class and they have learnt 'How to Make a Jam Sandwich'. They have also been learning how to create cow-hitch and half-hitch knots using these to tie string around branches.



Last week, Conkers also enjoyed dressing up as their favourite characters for World Book Day.

Ms Lomas, one of our School Governors, joined in with the fun and read them a Winnie the Pooh story and they did various literacy activities too.

## FoLS Update

**Thank you to all those who supported the recent Valentines Disco!**

We raised a fantastic **£108!** This is a great result and we can't wait for the next one, which will take place in the Summer term!

**Another big thank you to everyone who came along to the Bingo event last night.**

It was another successful fundraising evening! Amount raised-to be announced soon!

## Donation requests for Acorns Nursery/Gardening Club

Miss Cooke would be very grateful for any donations of:

● jam jars with lids | ● bird seed (loose please) ● compost

Thank you in advance if you can help!





# Science Week : 13th-17th March



The children have enjoyed taking part in lots of exciting experiments this week.

Mrs Price made a polystyrene cup disappear and children successfully stood on eggs without them breaking!



# What Parents & Carers Need to Know about iPADS

Apple debuted the first iPad in 2010, kickstarting the tablet market, and it remains the best-selling tablet to this day. Although Apple doesn't offer a child-specific version, iPads are hugely popular with youngsters due to their ease of use and endless choice of apps. There's a selection of models, with different-sized screens and distinct features

– including the standard iPad; the iPad Air; the iPad Pro; and the iPad mini. Thankfully, they all offer parental controls so you can regulate how your child uses the device ... and how long they spend on it.

## WHAT ARE THE RISKS?

### PHYSICAL DAMAGE

While some tablets (such as the Amazon Fire Kids editions) come with rugged shock-proof cases, iPads aren't built for rough and tumble. They're also more expensive than most other tablets, and any damage your child's iPad suffers could be costly to repair. Buying a child-friendly case and screen protector for the device could be a wise move, especially if it's being used by younger ones.

### SCREEN ADDICTION

Like most digital devices, tablets have the potential to become quite addictive. You might find your child spending too long staring at their iPad, which could lead to irritability, mood swings and a loss of interest in more important tasks. If this happens, be sure to visit the built-in screen time settings and ensure you limit how long they're able to spend on the device each day.

### INAPPROPRIATE CONTENT

18  
CENSORED

Even if it would never occur to your child to go searching online for age-inappropriate sites, apps or information, there's always a possibility that something unexpected – perhaps a video that auto-plays or content incorrectly suggested by an algorithm – could appear on their tablet and upset them. You can help prevent this by adjusting the content settings (see our 'top tips' section below).

### SIRI SUGGESTIONS

The parental controls built into iOS (the fundamental operating system of Apple devices) enable you to block access to most age-inappropriate content – but your child could potentially still bypass these restrictions (either accidentally or deliberately) by using Siri, Apple's voice-activated digital assistant. To avoid this, toggle the 'Ask Siri' functions to 'off' in the iPad's settings menu.

## Advice for Parents & Carers

### ENABLE FAMILY SHARING

Before letting little ones loose on an iPad, it's a good idea to set up Family Sharing, as this lets you utilise the parental controls to manage exactly how your child is able to use the device. You can do this fairly easily by going into the iPad's settings; once there, you'll be able to add an existing Apple account (if your child already has one) or set one up from scratch.



### APPLY SOME LIMITS

The 'Downtime' function allows you to tell the iPad to lock itself at certain periods (at mealtimes or before bed, for instance), while 'App Limits' removes access to certain apps once they've been used for a specified length of time each day. The iPad can display a reminder when these limits have nearly been reached, letting your child mentally prepare for the end of their gaming or viewing time.



### STOP ACCIDENTAL SPENDING

To empower your child with an increased sense of freedom on their device (without giving yourself something else to worry about in the process) you could enable the iPad's 'Ask to Buy' feature. Whenever your child tries to download or buy an app, game or product, the iPad sends you a request to approve (or deny!) it. This option only becomes available if you've set up Family Sharing.



### SET CONTENT AND PRIVACY RESTRICTIONS

The parental controls can stop the iPad from displaying explicit or age-inappropriate content (in apps like iTunes and Safari, for instance) when your child is signed into their account. You'll also be able to restrict the capacity to download and install apps, and you can specify permissions which prevent children from changing the iPad's privacy settings once you've selected them.



### TRACK IT DOWN

Just like the iPhone, Apple's iPads have 'Find My' software to help you locate your child's iPad – or indeed, any linked Apple devices that have gone AWOL, including phones, watches and AirPods. If you enable 'Find My' in the settings menu, it will display the last known location of an iPad that's been mislaid, as well as giving you the option to lock a missing iPad that you suspect has been stolen.



## Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid The Inquirer, Carly is now a freelance technology journalist, editor and consultant.



National Online Safety

#WakeUpWednesday



# Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here ...

## WHAT IS DIGITAL RESILIENCE?



Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

## MAKE POSITIVE LIFESTYLE CHOICES



- ✓ Make time for the people and things that make you happy.
- ✓ Monitor your screen time and stick to your limits.
- ✓ On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- ✓ Spread some positivity: post good reviews, leave encouraging comments and share good news.

## KEEP YOUR HEALTH IN MIND



- ✓ Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- ✓ Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- ✓ Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

## REACH OUT FOR SUPPORT

- ✓ If you have a problem online, don't be afraid reach out to specialist people or organisations that could help.
- ✓ Follow people on socials who have the same values and morals as you.
- ✓ You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

## PUT SAFETY FIRST



- ✓ If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- ✓ You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- ✓ Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

## GET THINGS CLEAR IN YOUR HEAD



- ✓ Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- ✓ Think about how it makes you feel when someone sends you a positive or funny message online.
- ✓ What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- ✓ If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

## Meet Our Expert

Cayley Jorgensen is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of Engage Support, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



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