Key Vocabulary	
adult	A fully grown animal or plant.
develop	To grow bigger and become stronger.
life cycle	The changes living things go through to become an adult.
offspring	The child of an animal.
young	Offspring that has not reached adulthood.
live young	Offspring that has not hatched from an egg.

All **young** animals change as they go through the different stages of their **life cycle** and grow into adults. Some animals give birth to live young.



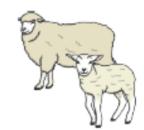
Some animals lay eggs which the **young** hatch from.



Both of these types of young then develop into adults.

Some offspring look like their adult when they are born.

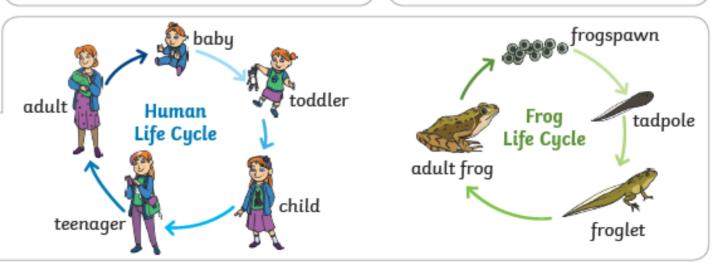




Some offspring do not look like their adult when they are born.







diet	The food and water that an animal needs.
exercise	A physical activity to keep your body fit.
germs	Tiny living things that can cause disease.
hygiene	How we keep ourselves and the world around us clean so we can stay healthy and stop germs spreading.
nutrition	Food needed to live.

To stay alive, all animals have three basic needs for survival:



air

water ...



Eat less often and

in small amounts.

To grow into a healthy adult, we must eat the right types of food in the right amount and exercise.



Water, lower fat milk and sugarfree drinks.



oil and spreads Choose unsaturated oils and use in small amounts.



Being active and exercising keeps our bodies and minds healthy.



To stop germs from spreading, it is important to be hygienic.



To look at all the planning resources linked to the Animals Including Humans unit, click here.

Key Vocabulary	
amphibians	Amphibians live in the water as babies and on land as they grow older. They have smooth, slimy skin.
birds	All birds have a beak, two legs, feathers and wings.
fish	Fish live and breathe under water. They have scaly skin, fins to help them swim and they breathe through gills.
mammals	Mammals are animals that breathe air, grow hair or fur and feed on their mother's milk as a baby.
reptiles	All reptiles breathe air. They have scales on their skin.
carnivore	Animals that mostly eat other animals (meat) are carnivores.
herbivore	Animals that only eat plants are herbivores.
omnivore	Animals that eat both plants and other animals are omnivores.



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sight	Your eyes let you see all the things around you.
hearing	Your ears let you listen to all the things around you. Your brain is able to tell what different sounds are.
touch	Your skin gives you the sense of touch. You can tell if something is warm, cold, smooth or rough without even looking at it!
taste	Your sense of taste comes from your tongue. You can tell if something tastes bitter or sweet. You might have some tastes you like and some you don't.
smell	You smell using your nose. Your nose can tell if things smell nice or not nice.



