

Summer 2- PE Knowledge Organiser

Kwik Cricket

Year 1 and 2

KS1 PE 'Kwik Cricket' Aims

- To travel in a variety of ways including running & jumping
- To learn and perform a range of throws.
- To receive a ball with basic, then developing control.
- To develop hand-eye coordination.
- To participate in simple games.

Vocabulary

Cricket bat - what an object is made of

Handle - the part of the **bat** that you control to hit the ball
wrap, swing, hit

Throwing - underarm (brush past leg) - overarm (brush past head)

Bowl- Throw the ball towards the bat

Aim - Send the ball to a particular place

Release- to let go of the ball.

Strike - to hit the ball

Striking and Fielding Games have...

Strikers

- Aim to score points/runs when a player strikes/hits a ball

- Runs to or between designated areas to score points

Fielders

- Aim to limit the number of points/ runs that stop the striker scoring

- Aim to get the batter out!

Physical Me

Throw - Underarm, Overarm, rolling

Catch - On their own/in pairs

Running- When fielding
- scoring runs

Co-ordination - Hand-eye (catching and hitting the ball)
- Throwing at a target

Balance- when throwing and catching

Key Skills

Thinking Me

- To improve my performance

Value Me:

- Determination
Try, try, try again!

Social Me

- Take it in turns

Key Knowledge

Catch - Watch the ball, make a basket with your hands when you catch and cradle the ball

Overarm throw- Opposite arm and opposite leg,
- release the ball when it is near your ear
- point to where you want the ball to go.

Target- Throw an object/ball toward a target while avoiding any obstacles.

Aim- To point an object toward something

