

NEWSLETTER

Thursday 23rd January 2025

Spring 1 Term

TERM DATES

FEBRUARY

Tues 4th

Swimming Gala Yrs 4-6. 9.30-11.30am

Thurs 6th

Popup library in school

Tues 11th

Lego Workshop-See ParentPay

Weds 12th

Oak Trees Roman Workshop
Yr1/2 Dodgeball Tournament
Leaving school 12.30pm prompt

Thurs 13th

FOLS Valentines Disco
5.15pm-6.30pm. £5/child

Fri 14th

Big Sing Event Malton School
Refer to letter 13/1/25

End of term

Mon 17th-Fri 21st

Half term

Mon 24th

Start of term

MARCH

Thurs 6th

Popup library in school

Weds 19th

Yr5/6 Basketball Tournament
Leaving school 12.30pm prompt
Mon 24th, Tues 25th, Thurs 27th
Parent/Teacher Consultations

Weds 26th

FOLS Easter Movie Afternoon
3.15pm-5pm. £5/child

Thurs 27th

Popup library in school

Fri 28th

Spring concert all welcome. 9.30am
Refreshments available from 9am

Mon 31st

Rock Steady concert 9.15am. All pupil
bands to perform. Everyone welcome.

APRIL

Weds 2nd

Malton School Science Bus visit

Fri 4th End of term

Mon 7th-Fri 18th Half term

Mon 21st Bank holiday

Tues 22nd

Start of term

Weds 30th

KS2 Cross Country & Rounders
Leaving school 12.30pm prompt

leavening.n-yorks.sch.uk/latest-news

Hello everyone!

What a fortnight we have had as we have launched our career related learning curriculum with fabulous opportunities for our pupils to learn about the amazing range of careers out there. I have been really proud to receive wonderful feedback from all of our visitors on the behaviour and attitudes of the children. I would like to share some of the quotes with you.

"What a lovely polite class Oak Trees are. They were really engaged with the activity and asked so many thoughtful questions."

-Sam Watola, UX Designer

"Leavening is such a lovely school. It is full of delightful, warm staff who create such a special environment for everyone."

-Ken Sanderson, Communications Engineer doing a Morse Code activity

"What great sportsmanship your children have. Year 3 and 4 are a lovely kind group. They shook everyone's hand after each game and even helped out the other teams when they did not have enough competitors"

- A teacher from a local primary school at the Dodgeball tournament.

Our children really are a joy at Leavening. We have had several new children join us across school over the last few months and all of our children have ensured they have/are settling in well and welcoming them into our school family.

I would like to welcome Mrs Gibson to Conkers Class this term. Mrs Gibson will be with us until Easter and she is completing her final teaching experience from York St Johns. Mrs Bennett will also continue to teach in Conkers class alongside Mrs Gibson.

I hope you and your family have a lovely weekend when it comes.



Sian Mitchell
Headteacher

School Attendance

13 January 2025 - 17 January 2025

Our school weekly attendance was: 91.9%

This was below the **primary national average of 95.0%**

Attendance **this week** so far: **89.8%** | Attendance **this term** so far: **93.5%**

Our Safeguarding Team at Leavening CP School:

Our Designated Safeguarding Lead is: **Mrs Mitchell**

Our Deputy Designated Safeguarding Lead is: **Mrs Bennett** | Our Safeguarding Governor is: **Mrs Isaacs**

REMINDERS:

Our extra-curricular clubs will begin after half term (w/c 24th February)
We offer these every *other* half term. More details on this will follow in due course.

Please can we politely ask that you do not park on Back Lane/outside the school during school hours.
Please park your vehicle further down the village or use the car park of the Jolly Farmers pub (as kindly agreed by prior arrangement.)

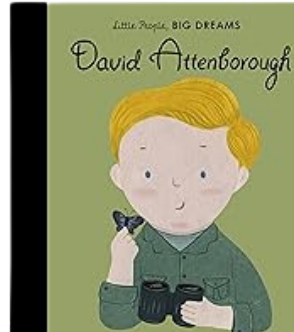
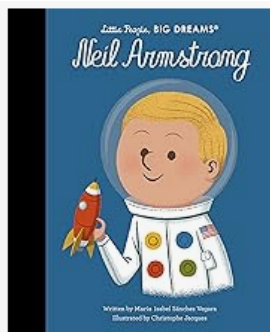
Thank you for your support with this and ensuring the safety of our school community and respect for neighbouring households.

Plea from Mrs Mitchell to all of our school families:

If anyone has any of the 'Little People, BIG DREAMS' books they no longer use and that you would be happy to donate to school- we would be thrilled to accept them.

These would support our career related curriculum.

Thank you in advance for your consideration.



Can we also ask if anyone has any old **cookery books or comics/children's magazines** that they could donate to school.

We would be very grateful for them.
Thank you!

Borrow a book

In our reception area we have a selection of lovely books, for all children's ages, for you and your child/ren to borrow. There is no formal borrowing system or restriction on how long you have the book. All we ask is that you return to the display when you have finished with it. We will regularly replenish the books with 'old and gold' titles as well as 'new and bold' releases to inspire and engage children with reading for pleasure at home. Please do use this opportunity to share a book with your child/ren and keep the love of reading going.



Oak Trees pupil Robin takes to the stage in local pantomime

Robin has her dance shoes at the ready, performing in Jack and the Beanstalk at the Milton Rooms in Malton.

She will be hitting the stage in tonight's show and the Saturday matinee, before the production comes to a close this weekend.

For more information and to purchase tickets to watch the show, visit their website:

<https://themiltonrooms.com/event/jack-the-beanstalk-the-pantomime/>



Aspire Fortnight

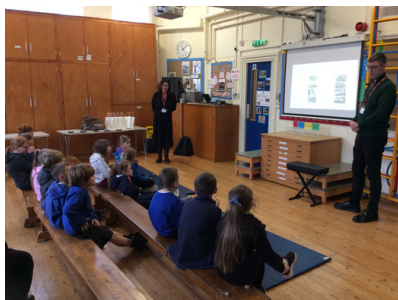
On behalf of all of the staff and children we would like to thank all family members who visited us over the last 2 weeks to support our career related learning curriculum. This newsletter showcases the innovative and wonderful learning opportunities our children have gained. Thank you. These unique opportunities cannot happen without your support.



Ken Sanderson - Morse code and communication

“Last week we had Ken, a visitor, come to Oak Trees and show us how to use morse code. He showed us how to spell our names using morse code and guessed our buzzing. It was very exciting! Everyone is class loved it. He even showed us a bag with World War 2 spy gear. It was a leather brief case with a radio transmitter inside. He didn’t turn it on in case it electrocuted someone! Thank you for coming to school!” -Oliver Z and Owen

Clare Finlinson and John Hildreth (Amco Giffen and Hitachi Rail) - Railway Engineering



“On Friday the 17th we were visited by Clare and John. They told us about their jobs. John builds trains and Clare made bridges safe. Then we were set a challenge to build a structurally sound tower out of marshmallows and spaghetti. We laughed so much because we really wanted to eat the treats! Our hands were so sticky afterwards but it was so much fun! They do lots of cool things like working in different countries, learning about new technology and creating sustainable transport! Thank you for showing us all about trains.”

By Oliver B and Jamie

School advert filming workshop with Mr Lee, Lead Teacher of Drama at Malton School

“We all want to say a big thank you to Mr Lee for coming in to help us film an advert for our school. We really appreciated him coming in because he didn’t just film us, he also taught us how to act and how to use a camera. He also showed us how to add and make lots of cool effects.

We all had a go with the camera and speaking for the advert.

Another thing was how he taught us to feel and sound confident by teaching us tricks to learn our lines. We enjoyed learning how to act natural in the background without it looking fake. Another huge thank you to the great Mr Lee for coming in and expanding our learning during aspire week!!”

By Amelia and Jenny, Year 6



Lottie Farrow- Poultry and Agriculture Talk

“We learnt about expensive and regular eggs and about how she travels around the world telling farmers about chickens. She makes sure the chickens are healthy and they feed them pellets. She does lots of jobs such as designing feed for poultry, making sure it is fit for purpose; looking at bird performance /problem solving and researching into nutrition. She’s been to Chicago, France and South Africa and talks to farmers about the chicken policy.

The chickens eat a mixed of sunflower, rapeseed oil, soya oil and also eat beans and wheat. Chickens need fibre, vitamins and minerals, a lot of fat and energy, mostly protein in their diet.

Thank you for visiting us at Leavening Community Primary School.” - By Connor and Cobi

Aspire Fortnight



Mr Jarvis who came to talk to the children about amphibians
*The Conkers children really loved observing the poison dart frogs at close hand and learned a great deal about the life cycle of a frog.
The Acorns children were thrilled to see and learn about amphibians up close.
The Oak Trees planned and designed different ways to further incorporate and encourage different wildlife to our school grounds.
A fabulous morning for all!*

“Mr Jarvis came on Wednesday the 15th of January 2025 and brought some blue poison dart frogs. They were really cute and small. We had to design a garden that would be suitable for animals like toads and frogs to live in. My design included a tree with bug houses, logs with flowers in the holes, a bug hotel and a pond. Thank you Mr Jarvis for coming in to talk ,and show us, all about amphibians.” -By Jacob



Laura Castle from YorkMix Radio

“We were so delighted to have Laura Castle in with us last week. She talked to us about how she got her job and how she does it. YorkMix is a radio station in York. It is the favourite station of the whole class. If I were to work at YorkMix Radio, I would like to be a radio broadcaster.” -Joshua

North Yorkshire Music Service Concert

“The concert from the music service was so interesting! They played us music of different types of instruments or as they called it ‘families’. It lasted about 30-60 minutes and they played us music from all sorts of movies like Wicked .Around 30 minutes in they stopped playing music and showed us the brass family which includes the Trumpet, Tuba, Trombone and many more...



They told us the sounds of brass instruments are made by the metal tubing and shape of the bell. They also told us about the mouthpiece being metal instead of wood. It also has valves which you press down for different notes.

Finally, there was the woodwind band, which uses a blowing technique like the brass except unlike the brass mouthpiece, it uses a thin wooden piece called a reed to make sounds. Most woodwind instruments play high pitched notes, although the saxophone doesn't, it is like the brass where you press valves to create different sounds although the part that makes it woodwind is having a reed. This family includes instruments like the flute. You change the sound on these instruments by putting your fingers over the holes to block one of the places the sounds come out. Thank you for our concert!” -By Jack R

Caroline Hampshire - Flamingo Land

“We got an amazing visit from Caroline. To start off, Caroline hosted an assembly with the whole school about what you could do at Flamingo Land. Here are some jobs: electrician, engineer, lifeguard and so many more. After we had the amazing assembly, she came back with us to Oak Trees and showed us videos of the fabulous Flamingo Land and how to look after the animals if you worked there. My favourite bit was feeling polar bear fur and camel hair. The camel hair felt knotty and the polar bear felt spiky. I learned that Flamingo Land is the size of 450 football pitches.” -Maisie



FOLS VALENTINES DISCO

Price includes a drink and a snack.

Games and prizes to be won!

**Children in Conkers and Oak Trees
classes are welcome to join**

**Due to space and capacity in the school hall,
we would encourage parents/carers to drop their child
off and return to school at the end of the event.**

Thank you for your support! 😊

MAIN SCHOOL HALL

**5.15pm-6.30pm
Thursday 13th February 2025**

**Dance games & prizes!
£5/child via ParentPay**

Get comfortable and start
talking about mental health

JOIN US THIS TIME TO TALK DAY

Thurs 6th Feb
9am-10am School Hall
Parent/Carer Well-being Session

All welcome!
Leavening Community Primary School



#TimeToTalk



In partnership with



Communication and Interaction

SLCN Advice Workshop for Parents & Carers

‘Come and talk to us for advice and support around all aspects of your child’s speech, language & communication skills’.

Where & When

- 5th February 2024 10.00-12.00 at noon at Atmosphere Children and Family Hub, The Old Court House Malton Road Pickering YO18 7JJ
- 5th February 2024 1:00-4pm at Malton Library, 6, Saint Michael Street, Malton YO17 7LJ
- 11th February 2025 12:30-4:00pm at Cherry Tree Children’s Centre Cherry Tree Avenue, Scarborough, YO12 5HL
- 12th February 2025 1:00-4:00pm at Whitby & District Children’s centre, Byland Road, Whitby, YO21 1HY
- 14th February 2025 10:00-13:00pm noon at Eastfield Community Library, High St, Scarborough, YO11 3LL

Who will be there?

Helen Hunter - Speech, Language & Communication Needs Specialist

Amancay Topping - Speech & Language Therapist

Charlotte McIntyre - Speech & Language Therapy Assistant

Zoe Green - Speech & Language Therapy Assistant

Please contact us to book a slot, or for any queries please ring 07977 710109 or email Helen.Hunter@northyorks.gov.uk

or Amancay.Topping@northyorks.gov.uk



KEVIN HOLLINRAKE MP HOSTS:

THIRSK & MALTON APPRENTICESHIPS FAIR

13TH FEBRUARY
5PM - 7PM

MILTON ROOMS,
MALTON

RSVP: kevin.hollinrake.mp@parliament.uk

NEED HELP WITH YOUR CHILD'S SLEEP?

Sleep clinics for families of children aged 12 months upwards in
North Yorkshire



Does your child have difficulty sleeping?
Have you been prescribed Melatonin and would like some help replacing this with a behavioural approach to get to sleep?
Or has the Covid-19 pandemic had an effect on your child's sleep? Is it impacting on their behaviour or on family life?

Why not book one of our 1-2-1 sleep clinic appointments available via telephone or video calls?

To find out more or to book an appointment please contact Helen on helen@thesleepcharity.org.uk

Visit the website for further sleep advice and information at thesleepcharity.org.uk

Your chance to talk directly to sleep practitioners who are here to help you and your child sleep better.



You can self-refer using the QR code or through <https://ecv.microsoft.com/1qczt15Tza>

thesleepcharity.org.uk

   @thesleepcharity

Copyright © 2023 The Sleep Charity. All rights reserved. The Sleep Charity, a charitable incorporated organisation registered with the Charity Commission under registration number 1150585.



the
national sleep
helpline

 **03303 530 541**

Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am

What Parents & Educators Need to Know about HEALTH & FITNESS APPS

WHAT ARE THE RISKS?

Physical wellbeing apps are useful tools for monitoring and improving our health. They allow us to balance nutrition, set goals, track our activities and sleep patterns, and motivate us to exercise. Nonetheless, there have been some reported drawbacks; this guide outlines some of these concerns and explains how to use fitness apps safely.

LACK OF PERSONALISATION

Many apps take a one-size-fits-all approach, failing to account for the varying ages and abilities of children: a 16-year-old, for example, will have different physical needs to a child of 10. This can create unrealistic expectations and set exercises which may be too advanced for younger children or too simple for older ones.

NOT DEVELOPED BY EXPERTS

Some fitness and wellbeing apps are developed by experts in the field – but a concerning number of them aren't. As such, these platforms may contain inaccurate information. They may present safety concerns by giving incorrect advice regarding physical activities or might include age-inappropriate content which would clearly cause more harm than good.

REDUCED INTERACTION WITH OTHERS

Physical wellbeing apps can remove the social and interactive elements which physical exercise can offer – for instance, meeting people at fitness classes, at the gym or during any other such activities. Research has found that young people generally dislike this aspect of fitness apps, suggesting that they would rather exercise in the company of friends or other like-minded individuals.

DATA AND PRIVACY CONCERNS

Fitness and wellbeing apps tend to collect a lot of personal information from their users, including name, location, date of birth, details of their physical health and more. It's worth keeping in mind that some of these apps may sell this data to third parties. We'd advise that any apps young people download should have the correct legislation in place to protect their safety and privacy while using the service.

ADDITIONAL COSTS

While many fitness apps are free to download, the initial content is quite basic. Users will only receive more helpful content (such as new workouts, nutrition advice or a personalised plan) by signing up to a subscription or paying for extra features. This can incentivise users to spend money on the service – a cost which can quickly mount up.

DEPENDENCY ON THE APP

While physical wellbeing apps can help motivate young users to manage their fitness, there's a possibility that – without being sent frequent rewards and reminders – children could start to lose their natural drive to be active. Young people may also become obsessed with tracking their exercise, health and eating habits: this can have negative effects on their mental and emotional wellbeing.

Advice for Parents & Educators

EXERCISE AND SOCIALISE

Highlight the importance of children enjoying fitness activities with family and friends, rather than always exercising alone. Emphasise the fun they can have by interacting with others rather than solely relying on an app to maintain their regime. Remind them of the importance of staying active, as well as the benefits of doing so with company.

PROMOTE POSITIVE BODY IMAGE

While we want children to be active and healthy, we must also ensure they don't become fixated on how they look and begin take things too far. During childhood and adolescence, the body is still growing and changing. It's vitally important for young people's wellbeing that we promote a positive body image and a healthy relationship with food, empowering them to make informed decisions about their diet and lifestyle.

REVIEW THE APP FIRST

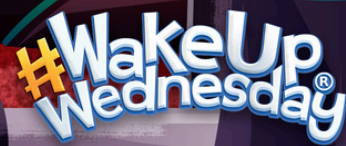
Before allowing someone under 18 to install a fitness and wellbeing app, check its age rating, read its reviews and scroll through its data policy, to ensure its suitability for younger users. You could also try it yourself, to see if it's appropriate for the child's particular needs and decide if you're comfortable with them using it. Ensure that any privacy-compromising features – such as location tracking – are disabled.

USE PARENTAL CONTROLS

As with all apps, it's important for parents to familiarise themselves with any controls on the app and to use these on a child's account. The specific settings vary between platforms but – most commonly – these will relate to screen-time limits, disabling or capping in-app purchases, and managing social aspects or features which aren't age appropriate. By utilising these controls, you can help to ensure a child is getting a safe experience.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/wellbeing-fitness-apps>