

30 June 2025

Dear Parents/Carers

We are excited to inform you that, as part of our Autumn One topic titled "*Blood, Bottoms and Burps*", children in Conkers and Oak Trees will be participating in a **First Aid Workshop**. The age-appropriate workshop (one each for Conkers and Oak Trees) will take place on **Friday 5<sup>th</sup> September** and we believe it will be an invaluable experience for the children. The cost for each child to participate is **£12**, which will cover the cost of the session and all materials provided.

### Why First Aid?

Learning first aid is an essential life skill that can make a critical difference in emergency situations. The workshop will teach the children practical skills such as how to help someone who is choking, how to treat cuts and bruises, and how to recognise when professional medical help is needed. By understanding how to manage emergencies safely, children can feel more confident in their ability to respond calmly and effectively.

### Linking to Our Topic: "*Blood, Bottoms and Burps*"

Our Autumn One topic explores various aspects of the human body, including how it works and what happens when things go wrong. The first aid workshop will complement this learning by giving the children real-life skills that are directly related to the content of our topic. For instance, the students will learn about how to care for wounds and manage situations like choking, which ties into the study of the body's functions and health.

Additionally, understanding how to deal with injuries or accidents aligns with our efforts to encourage responsibility and independence in the children. It helps them feel empowered to look after themselves and others in their everyday lives.

### Benefits of Learning First Aid

- **Confidence:** Children will feel more confident and secure knowing they have the skills to handle emergencies.
- **Safety Awareness:** They will develop a greater awareness of how to stay safe and help others in potentially dangerous situations.
- **Empathy:** The workshop encourages empathy, as children learn how to care for others in their time of need.

- **Life Skills:** First aid knowledge is an important life skill that is beneficial far beyond the classroom.

We are confident that this workshop will not only enhance the children's understanding of the human body but also provide them with practical tools that could help them save lives in real-world situations.

Please pay the £12 per child via ParentPay by **1<sup>st</sup> September 2025**. It will be appearing on your child's account this week so do look out for this.

Thank you for your support in helping our children learn these vital skills.

If you have any questions or concerns, please do not hesitate to contact us.

Yours sincerely  
Sian Mitchell  
Headteacher