

**Here at Leavening Primary School, we want to support all our families as much as we can.**

With the cost of living showing no signs of easing, we understand things can be difficult and we are reaching out to let you know some of the way we may be able to support you.

How we can support you.

- **Free School Meals**

Free school meals have changed so much over the years, from quality of food, choice of meal, who can claim, and how they are served.

Here at Leavening School, we treat all our pupils the same at lunchtimes, regardless of whether they are in receipt of free school meals or not.

We make sure to send out the termly menus so you and your child can see what meals are available and you can choose together; every morning each child is asked what their choice is.

**It is universal that all children in reception, year 1 and year 2 are entitled to a free school meal.**

Beyond Year 2 it is worth checking to see if you are entitled to carry on receiving free school meals even if your child doesn't eat a school dinner every day its still worth having.

See the link below for more information.

<https://www.northyorks.gov.uk/education-and-learning/free-school-meals>

Studies have shown that children are more likely to try new things around their peers and if you are worried, they won't have anything to eat they can bring a pack up or just choose the items they like.

If you have a child with a complex eating behaviour, it can be an extra challenge trying to provide healthy meals for everyone.

We can cater for a wide range of dietary requirements too.

Please contact the office anytime if you would like to talk to us about how we can help you and your child at lunchtime.

The link below has free resources that provide support and information for families, children and young people with complex eating behaviours.

<https://healthyschoolsnorthyorks.org/wp-content/uploads/2024/05/Complex-eating-behaviour-in-Children-Resource-Bank.pdf>

- **Free Breakfast Club**

We offer a free breakfast club from 08.05 to all children. We offer healthy breakfast options which including cereals, fresh fruit, toast and more. Alongside breakfast we also have a range of daily fun activities.

If you would like your child to attend, please contact the office so we can book them in.

- **School Uniforms**

A few times a year we hold a small stall of school uniforms, these have been kindly donated by parents. We feel this not only helps families keep costs down but also helps us be kinder to the environment.

We also keep our families informed on which shops have discounts on their uniforms and when so you can get better value for money.

If any child forgets any part of their uniform, we have spares on hand in varies sizes.

It is also handy to know it is not a mandatory requirement to have our school logo on our uniform.

- **Trips and Activities**

At Leavening School, we do our very best to make sure all children have the opportunity to be involved in all activities and trips.

We try to hold a lot of activities in school time and keep costs to parent to a minimum.

There is the choice to split any payments on our ParentPay site and thanks to our PTA Friends of Leavening, we may be able to offer further support if needed- please contact school to see.

- **Health and Wellbeing**

The health and wellbeing of all our pupils and their families is especially important to us.

There is always someone at the school who you can talk to in confidence, and we will always do our absolute best to support you.